

REGISTRATION PACKET

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Flow 2017

CLEANSE

2 CORINTHIANS 7:1

— JUNE 12-17 —

Dear Parents, Students and Leaders,

You will find in this packet a set of waivers and release forms that must be signed in order to participate in The FLOW, which will be held in Copperhill TN, at Whitewater Express Youth Camp. Also included is a list of what to bring/not to bring, our rules and dress code.

Please read this carefully.

Everyone must be at the church on Monday, June 12th by 7:30am. The bus and vans will leave by 8am. We will arrive back at the church on Saturday, June 17th around 9pm. Bring some spending money for lunch (fast food) on the way to Whitewater Express, and lunch on the way back.

The cost of the FLOW is \$299 which is due along with the completed enclosed waivers by **May 31st**. Included in the cost is transportation, lodging, all meals while at camp, all camp activities, 2 whitewater rafting trips and the FLOW 2017 t-shirt and workbook. The Hire-a-Teen program is available to help students raise their FLOW money. Contact Laura Caldwell at CBC for info.

Our theme this year is **CLEANSE**. We will be spending each day looking at dangerous and toxic thoughts, influences, relationships, words and religion so that we can identify them, understand their poisonous effect on our relationship with God and then cleanse them from our lives.

I hope you will join us as we explore the beautiful TN mountains, go whitewater rafting on the raging Ocoee river and see how God will speak to your heart. If you have any questions, contact Drew Kuehl at (843)525-0089.

For further info about Whitewater Express Camp go to: whitewaterexpress.com. In case of an emergency, contact the Whitewater Express Camp Office toll free at (800)676-7238 or Drew Kuehl at (630)865-5329.

Please return with **all waivers/consent forms completed** by **May 31st** to Drew Kuehl or Laura Caldwell in the CBC office.

(Keep this page for reference)

ITEMS TO BRING:

- Bible, notebook & pen
- Pillow and sleeping bag or bed sheets
- Towels and washcloths
- Soap and shampoo
- Several changes of clothing (no laundry services available)
- Swimming suits (guys – boxer style and shirt; girls – gym shorts and shirt)
- Closed toed shoes for horseback riding, mountain biking and ropes course
- Water shoes or old athletic shoes for whitewater rafting (flip flops and open toed shoes are not allowed for rafting on the Ocoee river)
- Jacket, fleece or hoodie (temperatures can drop at night)
- Sun-tan lotion and bug spray
- Some spending money for snacks
- A flashlight (it gets really dark at night)
- A refillable water bottle to keep hydrated during the day
- Alarm clock
- A camera if you like to take pictures

ITEMS TO LEAVE AT HOME:

- **No cell phones are allowed at all.** All cell phones must be left at home. If parents and students need to reach one another, the camp phone and the leaders' cell phones will be available. Thank you!
- Music and gaming devices may be used in the vans during the trip but may not be used while at camp. If students are found using these devices at camp, they will be collected and locked in a vehicle. We do not want these distractions at camp. This is a great opportunity for God's Spirit to have the undivided attention of our young people.
- No contraband whatsoever is to be brought on the trip. This includes knives, firearms, fireworks, lighters, cigarettes or anything dangerous, illegal or inappropriate.
- Please be aware that rebellious and/or dangerous behavior will **not** be tolerated and will result in the parents being asked to come pick up their student.

(Keep this page for reference)

ACTIVITIES:

- Whitewater rafting on the Ocoee and Nantahala Rivers
- Beach Volleyball
- Mountain biking
- Horseback Riding
- Paintball
- High and low ropes courses
- Hiking
- Swimming
- “The Blob”
- ... and much more!

DRESS CODE:

Ladies:

- Please be modest at all times. No see-through, low-cut, short or tight clothing.
- For all water activities, please wear a one-piece swimsuit along with a t-shirt or tank top and gym shorts.

Guys:

- Please be modest at all times. No cut off t-shirts or tight clothing.
- For all water activities, please wear a boxer-style swimsuit and a t-shirt or tank top.

All:

No clothing advertising questionable products or people or containing any crude words or slogans.

(Keep this page for reference)

COMMUNITY BIBLE CHURCH – BEAUFORT, SC

Consent and Medical Release Form

To Whom It May Concern:

The undersigned does hereby give permission for our (my) child **OR** self, Parent(s)/Guardian(s),
(Participant's Name) _____ to attend and participate in the Community Bible Church

THE FLOW at Whitewater Express, 196 Eagle Ranch Rd, Copperhill, TN 37317 on or between

June 12, 2017 to June 18, 2017

The undersigned authorizes _____ or an adult, in whose care self/minor has been entrusted, to consent to any X-ray, examination, anesthetic, medical, surgical or dental diagnosis or treatment, and hospital care, or any other action or procedure necessary to participant or self under the general or special supervision and on the advice of any physician or dentist licensed under the provisions of the Medical Practice Act on the medical staff of a licensed hospital and or emergency care service or facility, whether such diagnosis or treatment is rendered at the office of said physician or at said service or hospital. I the undersigned authorize the treatment by this authority, and it is granted only after reasonable effort has been made to reach the parent(s) and/or guardian(s).

The undersigned shall be liable and agree to take full financial responsibility for any and all medical services rendered for the named participant and pay all costs and expenses incurred in connection with such medical and dental services rendered to the participant or self pursuant to this authorization. Should it be necessary for named participant to return home due to medical reasons, willful or wanton Conduct or any other reason, the undersigned shall assume all transportation costs. This consent and release will be in effect for EVENT LISTED ABOVE.

My signature also serves to indicate my consent for my health insurance company _____

Policy# _____ Group# _____ to be billed for any and all medical fees and services should they be needed. We (I) hereby release Community Bible Church, Beaufort, SC, all chaperons or agents thereof of any and all liability.

The undersigned does hereby release and agree to hold harmless Community Bible Church, their Directors, Elders, Employees, Agents, the property owner or representative from any and all liabilities or claims for personal injury, illness or death, as well as property damage and expense of any nature whatsoever, which may be incurred by the said participant or self that occur within the effective dates stated above in the above named activities.

(Initial Parent or Person Over 18)

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I HAVE CAREFULLY READ AND UNDERSTAND THIS RELEASE OF LIABILITY AND UNDERSTAND ITS CONTENTS. I AM AWARE THAT BY SIGNING THIS RELEASE OF LIABILITY I AM WAIVING CERTAIN LEGAL RIGHTS INCLUDING THE RIGHTS TO SUE COMMUNITY BIBLE CHURCH, ELDERS, EMPLOYEES, OR AGENTS.

SIGNATURE OF PARTICIPANT _____ Date of Birth _____

Parent or Guardian's Sign _____ Printed name of Participant _____ Date _____

Pastor/Director/Teacher/Leader Responsible / SIGNATURE _____ Date _____

Family Doctor _____ Phone (____) _____

List any specific medical or food allergies, chronic illnesses or other conditions: _____

Emergency Contact _____ Phone _____

Will attendee be under any medication at the event or events listed above? NONE YES, (If YES, you must explain on back of sheet, with instructions in regards to taking such mediation).

RELEASE, INDEMNIFICATION, AND HOLD HARMLESS AGREEMENT

The undersigned does hereby give permission (as Parent/Guardian) for participant child or as individual adult (participant's name) to be a "Participant" in all activities related to the The FLOW at Whitewater Express, 196 Eagle Ranch Rd, Copperhill, TN 37317 on or between June 12, 2017 - June 18, 2017.

1. **The undersigned acknowledges** that the above-referenced activities will expose the Participant to risks and hazards of traveling and living in an area, including personal injury, thefts, construction accidents, vehicular accidents, disease, animal attacks, insect bites and stings, and others. While none of these events is expected, the risks for the same always exist. The undersigned further acknowledges that he/she is aware of and has investigated to the extent necessary all dangers and risks inherent in the activities listed above including, but not limited to, the risk of destruction, loss, or damage to the Participant's personal property items and even risk of serious bodily injury, including permanent disability and death, and severe social and economic losses which might result not only from our own actions, inaction or negligence, but the actions, inactions or negligence of others, or the conditions of the premises, or any of the equipment used. It is further acknowledged that any CBC activity may involve transportation in a personal vehicle, a van, or a bus. Further, the undersigned acknowledges that there may be other risks not known to him/her or not reasonably foreseeable at this time.
2. **The undersigned acknowledges** that the Participant is healthy and physically able to participate safely in these activities.
3. **In consideration for the privilege** of allowing the minor child or Parent/Guardian to participate in the above-referenced activities, I, or as Parent/Guardian on behalf of the minor child, agree to release, indemnify, and hold harmless Community Bible Church (CBC), its Officers, Directors, Elders, Employees, Agents, Volunteers, the Property Owners and/or Representatives from any liability arising from participation in said activities, whether directly or indirectly sponsored by CBC, and from and against any claims, demands, actions, liens, rights, subrogated or contribution interests, debts, liabilities, judgments, costs, and attorney's fees, arising out of, claimed on account of, or in any manner predicated upon the Participant's participation in the activities, including any loss or damage to property or the personal injury or death of any person which may occur as a result of the Participant's participation, even where that loss, damage, personal injury, or death is caused or contributed to in any manner, by the Church. This agreement shall not be construed so as to avoid liability for the intentional acts, gross negligence, or willful or wanton misconduct of CBC its Officers, Directors, Elders, Employees, Agents, Volunteers, the Property Owners and/or Representatives.
4. **The terms of this release form** shall be construed as the entire agreement and may not be altered, amended, or modified except in writing and signed by both parties.
5. **This Release, Indemnification, and Hold Harmless Agreement** shall be interpreted according to South Carolina law. It is to be construed as broadly and inclusively as is permitted by relevant state law. If any portion of this document is held invalid, the balance shall continue in full force and effect.

PLEASE READ CAREFULLY! I, THE UNDERSIGNED, HAVE READ THE ABOVE RELEASE, INDEMNIFICATION, AND HOLD HARMLESS AGREEMENT AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS, TO INCLUDE THE RELEASE OF LIABILITY AND THE RIGHTS TO SUE CBC, ITS OFFICERS, DIRECTORS, ELDERS, EMPLOYEES, AGENTS, VOLUNTEERS, PROPERTY OWNERS AND REPRESENTATIVES, AND MADE CERTAIN IMPORTANT GUARANTEES BY SIGNING IT AND HEREBY SIGN IT VOLUNTARILY.

Signature of Participant: _____ **Date of Birth:** _____

Printed Name of Participant: _____ **Date Signed** _____

Parent/Guardian's (print name) _____ **Parent Signature:** _____
(If Participant NOT 18 years of age or older) (If Participant NOT 18 years of age or older)

Pastor/Director/Teacher/Leader Responsible

(signature): _____

_____ Date Signed

TN WHITEWATER, LLC d/b/a WHITEWATER EXPRESS

Waiver and Release of Liability

Name: _____ Age: _____ Gender: M / F (circle one)

Group Name: _____ Group Leader: _____

Date(s) of stay at Whitewater Express: _____

In consideration of TN Whitewater, LLC furnishing services and/or equipment to enable me to participate in sponsored activities, I agree as follows:

I fully understand and acknowledge that outdoor recreational activities have (a) inherent risks, dangers, hazards, and such exist in my use of TN Whitewater, LLC equipment and my participation in such activities; (b) my participation in such activities and/or use of such equipment may result in injury or illness including, but not limited to, bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that could cause serious disability; (c) these risks and dangers may be caused by the negligence of the owners, employees, officers, or agents of TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States; the negligence of the participants, the negligence of others, accidents, breaches of contract, the forces of nature, or other causes. Risks and dangers may arise from foreseeable or unforeseeable causes including, but not limited to, guide decision making, including that a guide may misjudge terrain, weather, trail or river route location, and water level, risks of falling out of or drowning while in a raft, canoe, or kayak and such other risks, hazards, and dangers that are integral to recreational activities that take place in a wilderness, outdoor, or recreational environment; and (d) by my participation in these activities and/or use of equipment, I hereby assume all risks and dangers and all responsibility for any losses and/or damages whether caused in whole or in part by the negligence or other conduct of the owners, agents, officers, or employees of TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, or the United States, or by any other person. In addition, I hereby grant permission to TN Whitewater, LLC to make and use for promotion or other purposes, photographic records without recourse or compensation to me.

I, on behalf of myself, my personal representatives, and my heirs hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States, and its owners, agents, officers, and employees from any and all claims, actions, or losses for bodily injury, property damage, wrongful death, loss of services, or otherwise which may arise out of my use of TN Whitewater, LLC equipment or my participation in TN Whitewater, LLC activities. I specifically understand that I am releasing, discharging, and waiving any claims or actions that I may have presently or in the future for the negligent acts or other conduct by the owners, agents, officers, or employees of TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States.

The venue of any dispute that may arise out of this agreement or other-wise between the parties to which TN Whitewater, LLC or its agents is a party shall be either the City of Benton, Tennessee Justice Court or State Supreme Court in Polk County Tennessee.

I HAVE READ THE ABOVE WAIVER AND RELEASE. BY SIGNING IT, I AGREE IT IS MY INTENTION TO EXEMPT AND RELIEVE TN WHITEWATER, LLC, THE OCOEE RIVER OUTFITTERS ASSOCIATION, THE TENNESSEE VALLEY AUTHORITY, THE STATE OF TENNESSEE, AND THE UNITED STATES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE, OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE.

Signature: _____ Date: _____

Parent/Guardian Signature (if under 18): _____ Date: _____

____ **Horseback:** Helmets are available; use is required for all Scouts and all others under 18 years of age . Closed-toe shoes must be worn. For the health and safety of our horses, a weight limit of 260 pounds must be adhered to.

____ **Mountain Biking:** Helmets are provided and required. Closed-toe shoes must be worn.

____ **Paintball: ADDITIONAL RELEASE REQUIRED**

A protective mask is provided and required; long pants and sleeves are suggested. A top-quality gun, CO2, and 200 paintballs are provided for each participant. Additional paintballs can be purchased in advance or on the field; we cannot allow individuals to bring their own paintballs. You are welcome to bring your own gun; we will gladly calibrate it to our course requirements.

____ **River Rafting:** An approved PFD, helmet, and paddle are provided and required. Safety instructions will be given prior to each river trip. Shoes must be able to stay on your foot; no flip-flops. Ocoee rafters must be 12 years old or older!

____ **High Ropes / Swing, & Challenge Course:** Both High and Low elements are available. Closed-toe shoes are strongly encouraged.

TN WHITEWATER, LLC d/b/a WHITEWATER EXPRESS
Paintball Waiver and Release of Liability

In consideration of participating in Paintball, I represent that I understand the nature of this activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity.

I fully understand that this activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the 'releasees' named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity.

I hereby release, discharge, and covenant not to sue TN Whitewater, LLC, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the activity takes place, (each considered one of the 'releasees' herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the 'releasees' or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the 'releasees', I will indemnify, save, and hold harmless each of the 'releasees' from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Print Name of Participant _____ Date _____

Signature of Participant _____

Group/Church/Troop Name _____

Parental/Guardian Consent
For those 10 to 17 years old

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activity and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the 'releasees' from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the 'releasees' or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above 'releasees', I WILL INDEMNIFY AND SAVE AND HOLD HARMLESS each of the 'releasees' from any litigation expenses, attorney fees, loss liability, damage, or cost any 'releasee' may incur as the result of any such claim.

Print Name of Parent/Guardian _____ Date _____

Signature of Parent/Guardian _____

Nantahala River Whitewater Rafting Trip

WAIVER AND RELEASE OF LIABILITY

In consideration of TN Whitewater, LLC furnishing services and/or equipment to enable me to participate in sponsored activities, I agree as follows:

I fully understand and acknowledge that outdoor recreational activities have (a) inherent risks, dangers, hazards, and such exist in my use of TN Whitewater, LLC equipment and my participation in such activities; (b) my participation in such activities and/or use of such equipment may result in injury or illness including, but not limited to, bodily injury, disease, strains, fractures, partial and/or total paralysis, death or other ailments that could cause serious disability; (c) these risks and dangers may be caused by the negligence of the owners, employees, officers, or agents of TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States; the negligence of the participants, the negligence of others, accidents, breaches of contract, the forces of nature, or other causes. Risks and dangers may arise from foreseeable or unforeseeable causes including, but not limited to, guide decision making, including that a guide may misjudge terrain, weather, trail or river route location, and water level, risks of falling out of or drowning while in a raft, canoe, or kayak and such other risks, hazards, and dangers that are integral to recreational activities that take place in a wilderness, outdoor, or recreational environment; and (d) by my participation in these activities and/or use of equipment, I hereby assume all risks and dangers and all responsibility for any losses and/or damages whether caused in whole or in part by the negligence or other conduct of the owners, agents, officers, or employees of TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, or the United States, or by any other person. In addition, I hereby grant permission to TN Whitewater, LLC to make and use for promotion or other purposes, photographic records without recourse or compensation to me.

I, on behalf of myself, my personal representatives, and my heirs hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States, and its owners, agents, officers, and employees from any and all claims, actions, or losses for bodily injury, property damage, wrongful death, loss of services, or otherwise which may arise out of my use of TN Whitewater, LLC equipment or my participation in TN Whitewater, LLC activities. I specifically understand that I am releasing, discharging, and waiving any claims or actions that I may have presently or in the future for the negligent acts or other conduct by the owners, agents, officers, or employees of TN Whitewater, LLC, the Ocoee River Outfitters Association, the Tennessee Valley Authority, the State of Tennessee, and the United States.

The venue of any dispute that may arise out of this agreement or other-wise between the parties to which TN Whitewater, LLC or its agents is a party shall be either the City of Benton, Tennessee Justice Court or State Supreme Court in Polk County Tennessee.

NANTAHALA RAFTERS MUST BT OVER 60 POUNDS.

I HAVE READ THE ABOVE WAIVER AND RELEASE, AND BY SIGNING IT AGREE, IT IS MY INTENTION TO EXEMPT AND RELIEVE TN WHITEWATER, LLC, THE TENNESSEE VALLEY AUTHORITY, THE STATE OF TENNESSEE, AND THE UNITED STATES FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE, OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE.

SIGNATURE

AGE

DATE SIGNED

SIGNATURE OF PARENT OR GUARDIAN
(If less than 18 years old)

GROUP NAME

Please have each participant sign the waiver. If they are less than 18 years old, the waiver must be signed by the parent or guardian. These waivers should be brought with you when you arrive for your activities. Thanks for your help. We look forward to seeing you at the river!